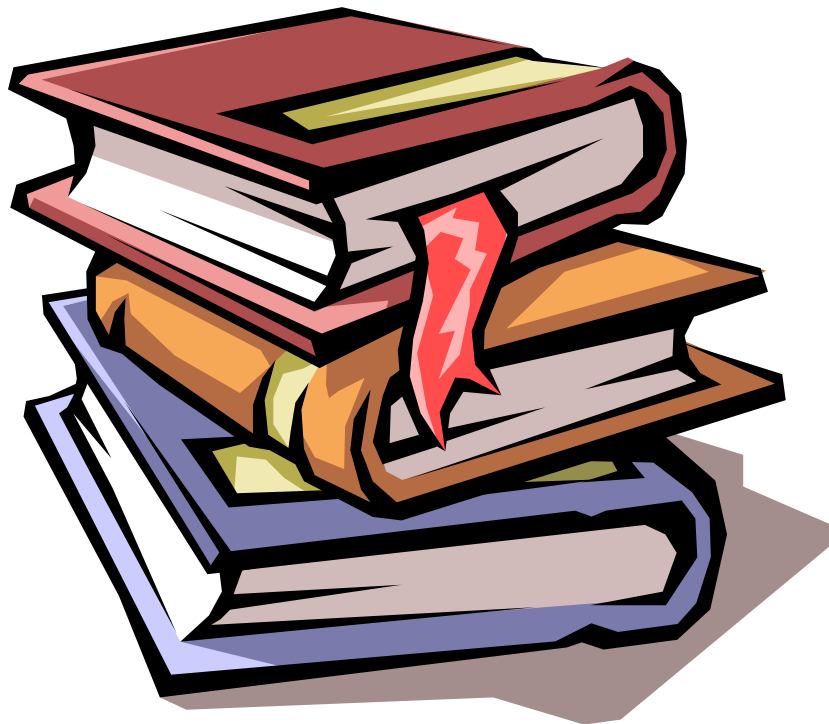


Reading And Writing Non-fiction Summative Assessment

Name _____

Hour _____



Grade 7 Communication Arts

You Ate What? A Look at Fast Food...

Directions

Answer the following questions using information that you have gained from the study of this unit. Use specific examples from text when directed.

1. (*Write your answer on the line provided.*) Pre-reading strategies help readers do all of the following **except**: _____

- A. Link to prior knowledge
- B. Draw conclusions
- C. Preview
- D. Set a purpose for reading

2. Using the information we have studied in the unit, rate your eating habits from one to ten. One indicates eating food that is not nutritious. Ten indicates eating nutritiously. Explain your answer using three details or examples.

3. List two post-reading strategies and explain how one of those strategies helped you comprehend and interpret text.

4. Using the materials provided below, complete the chart in order to determine which snack is the most nutritious. Identify the most nutritional snack and justify your answer using three reasons based on the information provided.

Snack Food Nutritional Information

DV represents the percent of daily nutritional requirements for an average person for one day based on a 2,000-calorie diet. Keep in mind that the U.S. Food and Drug Administration recommends that fat, cholesterol, and sodium should be limited. Fiber, vitamins A and C, as well as calcium and iron are recommended in a person's daily diet. The following foods have approximately the same serving size. Study the information carefully, and use the chart provided to make comparisons.

Energy Bar					Candy Bar				
Calories	240				Calories	280			
Total Fat	3.5 grams	5% DV	Vitamin A	0%	Total Fat	14 grams	22% DV	Vitamin A	0%
Saturated Fat	0.5 grams	3% DV	Vitamin C	100%	Saturated Fat	5 grams	25% DV	Vitamin C	0%
Cholesterol	0 mg	0% DV	Calcium	30%	Cholesterol	5 mg	2% DV	Calcium	4%
Sodium	120 mg	5% DV	Iron	35%	Sodium	140 mg	6% DV	Iron	2%
Potassium	130 mg	4% DV			Total Carb	35 grams	12% DV		
Total Carb	45 grams	12%			Dietary Fiber	1 gram	4%		
Dietary Fiber	1 gram	4%			Sugars	30 grams			
Sugars	14 grams				Protein	4 grams	8%		
Other Carb	28 grams								
Protein	10 grams	20%							
Nacho Cheese Chips					Granola Bar				
Calories	280				Calories	140			
Total Fat	14 grams	22% DV	Vitamin A	0%	Total Fat	3.5 grams	6% DV	Vitamin A	4%
Saturated Fat	2 grams	12% DV	Vitamin C	0%	Saturated Fat	2 grams	11% DV	Vitamin C	0%
Cholesterol	0 mg	0% DV	Calcium	4%	Cholesterol	0 mg	0% DV	Calcium	10%
Sodium	400 mg	16% DV	Iron	0%	Sodium	130 mg	5% DV	Iron	2%
Total Carb	34 grams	12% DV			Total Carb	26 grams	9% DV		
Dietary Fiber	2 grams	10%			Dietary Fiber	1 gram	5%		
Sugars	4 grams				Sugars	13 grams			
Protein	4 grams	8%			Protein	2 grams	4%		

Raisins				Pretzels			
Calories	130			Calories	110		
Total Fat	0 grams	0% DV	Vitamin A 0%	Total Fat	1 gram	2% DV	Vitamin A 0%
Sodium	10 mg	0% DV	Vitamin C 0%	Saturated Fat	0 grams	0% DV	Vitamin C 0%
Total Carb	33 grams	11% DV	Calcium 2%	Cholesterol	0 mg	0% DV	Calcium 0%
Dietary Fiber	2 grams	10%	Iron 6%	Sodium	560 mg	23% DV	Iron 10%
Sugars	30 grams			Total Carb	23 grams	8% DV	
Protein	1 gram	2%		Dietary Fiber	1 gram	3%	
				Sugars	1 gram		
				Protein	2 grams	4%	

Snack Food Nutritional Information

Example Chart

	Calories	Total Fat	Total Carbohydrates	Dietary Fiber	Sodium
Energy Bar					
Candy Bar					
Nacho Chips					
Granola Bar					
Pretzels					
Raisins					

Place your answer for #4 here.

5. Which of the following is an example of a hyperbole? Write your answer on the line provided. _____

- A. The road is a ribbon.
- B. I ate three slices of pizza.
- C. I told you a million times to sit down.
- D. The busy bee buzzed.

6. *Use information from the Fun World advertisement below to answer the question.* Explain how the author uses imagery to convince readers to buy a ticket to Fun World. Use two details and/or examples from the advertisement as support in your answer.

Fun World

Come to Fun World! Picture yourself inching to the top of a roller coaster peak; gazing at the shimmering city lights from the top of a Ferris wheel; and inhaling the sweet, fried smell of hot funnel cakes while surrounded by friends and laughter. What are you waiting for?

7.. Match the correct type of propaganda with the examples provided below. Write the correct word on the line.

A. *You should get a computer. Everyone has one!* _____

B. *Music star, Britney Lynn, says, "Nothing tastes better than an icy cola after a concert."*

C. *Sparkle cleans your teeth. Sparkle brightens your smile. Sparkle freshens your breath. Sparkle is for you!* _____

1. Testimonial

2. Repetition

3. Bandwagon

8. Where would you go to find the most accurate information regarding the nutritional value of any food product? Write the correct letter on the line. _____

A. Television commercial

B. Magazine advertisement

C. Manufacturer's web site (<http://www.manufacturer'sname.com>)

D. Food and Drug Administration (<http://www.fda.gov/>)

9. Based upon what we have studied in this unit, predict whether you will make changes in your diet. Support your answer with a least two details.

10. Now you will write a paper in response to a writing prompt. Carefully read the prompt and follow the instructions below.

Student Prompt

During this unit, you have learned the importance of practicing proper nutrition. In today's fast paced world, 7th grade students face the challenge of making sure they eat properly. **Write a multi-paragraph essay for a school newspaper that gives suggestions to 7th grade students about strategies they might use to ensure their daily nutritional requirements are being met.** To help develop your essay, use details, facts, and/or examples from what you have learned. You may include information gained from school, home, and other sources to help.

Student Instructions

Before you write your essay, create a pre-write graphic organizer to arrange your ideas. Then, use the ideas from the organizer to write a first draft paper. Be sure to use a dictionary, thesaurus, and the checklist (below) to proofread your first draft. Make any necessary changes to make your essay clear to readers. Then write the final draft of your essay.

Checklist: Be sure your essay:

- ✓ Has an effective beginning middle and end.
- ✓ Uses paragraphing appropriately.
- ✓ Contains a controlling idea.
- ✓ Progresses in a logical order.
- ✓ Uses effective cohesive devices.
- ✓ Clearly addresses the topic and provides specific and relevant examples.
- ✓ Uses precise and vivid language.
- ✓ Contains sentences that are clear and varied in structure.
- ✓ Shows an awareness of audience and purpose.
- ✓ Uses writing techniques (i.e. imagery, humor, point of view, voice)
- ✓ Contains few errors in writing mechanics.
- ✓ Draws information from a variety of sources.

Graphic Organizer & Notes

Final Draft

[illegible]

[illegible]

[illegible]
